Seethal Antony

QA Associate | Quality Compliance | Pharmaceutical Quality Systems

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PROFESSIONAL PROFILE

Quality focused pharmaceutical professional with experience in pharmaceutical quality control, quality documentation, data management, reporting, process improvement and operational coordination. Holding an MSc in Pharmaceutical Business and Technology from Griffith College Dublin and previous hands-on experience as a Quality Control Analyst in a pharmaceutical organisation. Strong working interest in GMP, GDP, pharmaceutical quality systems, SOP compliance, data integrity, ALCOA+ principles, audit readiness, deviation awareness, CAPA support, change control and validation documentation. Completed professional training in GMP and GDP, Data Integrity, Pharmaceutical Quality Systems, and Validation and Qualification to strengthen suitability for QA Associate, QA Specialist and Quality Compliance roles within the Irish pharmaceutical, biotechnology, healthcare and regulated manufacturing sector.

CORE COMPETENCIES

- Pharmaceutical quality control and quality assurance support in regulated environments.
- GMP, GDP and cGMP awareness with strong documentation discipline and controlled procedure handling.
- Quality Management System awareness, including SOP lifecycle, quality records, document control and compliance-focused reporting.
- Data integrity, ALCOA+ principles, traceable record keeping, database accuracy and audit-ready documentation.
- Deviation awareness, CAPA support, change control awareness, quality risk thinking and continuous improvement.
- Validation and qualification awareness, including IQ, OQ and PQ concepts, validation protocols and validation report understanding.
- Process improvement, operational efficiency, cross-functional coordination, staff support and stakeholder communication.
- Scientific data handling, analytical thinking, laboratory discipline and structured problem solving.

PROFESSIONAL CERTIFICATIONS AND TRAINING

- **GMP and GDP Certification** – focused on Good Manufacturing Practice, Good Distribution Practice, cGMP expectations, quality documentation, SOP compliance, controlled procedures and pharmaceutical workplace standards.
- **Data Integrity and ALCOA+ Training** – focused on accurate, complete, consistent, attributable and traceable quality records, electronic data handling, audit trail awareness and documentation discipline.
- **Pharmaceutical Quality Systems / QMS Training** – focused on Quality Management Systems, SOP lifecycle, document control, quality records, compliance processes, quality risk management and continuous improvement in regulated pharma environments.
- **Validation and Qualification Certification** – focused on validation principles, qualification lifecycle, IQ, OQ and PQ awareness, controlled documentation, validation protocols, validation reports and regulated process assurance.

PROFESSIONAL EXPERIENCE

Business Development Executive

Extramart Convenience Limited 2022 – 2026

Home Farm Road, Dublin 9, Ireland

- Supported daily business operations in a fast paced Irish working environment, with responsibility for staff coordination, operational planning, service standards and process consistency.
- Ensured suitable staffing levels to meet business demand while maintaining smooth workflow, service conti-

nuity, team productivity and accurate day-to-day operational records.

- Improved operational efficiency by identifying process gaps, supporting practical changes and maintaining consistent communication with team members.
- Developed and supported local marketing and sales promotion initiatives to improve customer engagement and business performance.
- Built and maintained positive employee relationships by providing day-to-day support, guidance and clear communication to staff members.
- Strengthened commercial awareness, people coordination, workplace discipline and documentation habits, which are transferable to QA environments requiring accuracy, structure, compliance and cross-functional teamwork.

Quality Control Analyst

Allied Pharmaceuticals and Promoters 2016 – 2020

Ernakulam, Kerala, India

- Worked in a pharmaceutical quality control environment, supporting QC documentation, controlled data handling, departmental reporting and process improvement activities.
- Managed critical company database records with strong attention to accuracy, completeness, traceability and information integrity, supporting reliable quality records and decision making.
- Completed assigned QC tasks and projects in line with agreed standards, specifications and internal procedures, maintaining a consistent quality-first and compliance-focused approach.
- Prepared clear reports summarising departmental and organisational activities for supervisors, supporting planning, resource allocation, quality review and operational decision making.
- Coordinated with internal teams and external resources to progress work efficiently while maintaining alignment with organisational quality expectations and controlled procedures.
- Identified areas for improvement within quality control processes and supported practical enhancements to reduce errors, improve consistency and strengthen documentation quality.
- Contributed to a culture of compliance through accurate record keeping, responsible data management, structured reporting, SOP discipline and professional communication.

EDUCATION

MSc in Pharmaceutical Business and Technology

Griffith College Dublin 2021 – 2022

Dublin, Ireland | Grade: 72 per cent

- Dissertation: *Exploring the Role of Blockchain Technology in the Sustainable Supply Chain of the Indian Pharmaceutical Industry.*
- Relevant coursework: 21st Century Dynamics and Emerging Trends; Clinical Research Management; Process Production and Quality Systems; Strategic Leadership and the Culture of Innovation; Regulatory Landscape of Pharmaceutical Business; Operational Excellence and Science of Innovation; Pharmaceutical Technology Transfer; Research Methods.
- Developed knowledge of pharmaceutical operations, regulated business environments, quality systems, technology transfer, regulatory strategy, clinical research management, operational excellence and sustainable supply chain practices.

BSc in Physics

Christ College Autonomous 2013 – 2016

Irinjalakuda, Kerala, India | Grade: 78 per cent

- Built a strong scientific foundation in measurement, analytical reasoning, laboratory discipline, instrumentation concepts, data interpretation and structured problem solving.
- Developed transferable skills relevant to pharmaceutical QA and QC environments, including accuracy, observation, evidence-based reporting, methodical analysis and quality-focused handling of scientific information.

Higher Secondary Education – Science Stream

St. Mary's Higher Secondary School 2009 – 2011

Irinjalakuda, Kerala, India | Grade: 90 per cent

Secondary Education

Little Flower Convent School 1999 – 2009

Irinjalakuda, Kerala, India | Grade: 9 GPA

CAREER FOCUS

- Targeting QA Associate, QA Specialist, Quality Compliance Associate, Quality Systems Assistant, Documentation Associate, QC Analyst and QA Documentation support roles.
- Brings a combined profile of pharmaceutical QC experience, Irish work exposure, MSc-level pharmaceutical business knowledge and ongoing QA-focused professional training.
- Comfortable working with structured procedures, quality records, reports, database accuracy, team coordination, controlled documentation, QMS processes and continuous improvement activities.

LANGUAGES

- English – Fluent
- Hindi – Working knowledge
- Malayalam – Native speaker

HOBBIES AND INTERESTS

- Travelling
- Reading fiction

REFERENCES

Available upon request.